International Women's Day Breakfast & 2023 Fleurieu Women's Community Awards

Victor Harbor VIEW Club in conjunction with David Basham MP from the Electorate Office of Finniss, were thrilled to present an International Women's Day Breakfast and 10th Fleurieu Women's Community Awards on Friday 10 March 2023.

Official attendees were: David Basham MP, Member for Finniss, Speaker, Dr Fariba Nadimi, Victoria MacKirdy CEO, and, Mayor Moira Jenkins, City of Victor Harbor, Pauline Glover, National Councillor for VIEW South Australia, 2023 Award Nominees, and Judges – Pat Chigwidden, Bronwen Mullen, and convened by Mr Basham MP.





International Women's Day #EmbraceEquity







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david basham mp

Award Nominees are indicative of the strong, accomplished and inspirational community that we live in.

Congratulations to the finalists

Kellie Barrett Jana Dunbar Sharon Fuller Liz Graham Julie Irwin Kirsti Knowles Nellie Langford Crissina Littlely Lindsey McEwen

Molly Quast Rena Robinson Lesley Rumbelow Angela Schiller June Taylor Sue Thomas Babara Vermeulen Danielle Vincent

WINNERS!

Young Female Ambassador: Merit-Molly Quast,

Winner-Nellie Langford

Community Volunteer: Merit-June Taylor, Winner-Lesley Rumbelow

Inspirational Business Woman: Merit-Babara Vermeulen Winner-Kirsti Knowles It brings me immense pleasure to extend my heartfelt congratulations to all the winners, nominees, and attendees at this inspiring event.

I am grateful to the VIEW club and all the individuals who worked hard to make this event a success.

I would also like to thank the wonderful people of Finniss who make up such a vibrant community that always uplifts one another.

Looking ahead, I cannot wait to celebrate next year's International Women's Day with this amazing community once again!



Heather Smeigel VIEW, David Basham MP, Pauline Glover VIEW, Margaret Watkins VIEW Pat Chigwidden, Bronwen Mullen & Adelaide



+Quick update+

If you saw me around for a few weeks with a bandaged right hand and were wondering why... I have had a surgery on my thumb to help the pain I've been experiencing due to arthritis in the joint.

All those years of putting cups on for milking in the dairy have caught up with me! But not to worry, I was nursed by my competent 3 year old who made great use of her doctor's kit and a box of band aids.

I had to miss the week's sitting of Parliament and was working from home with regular medical check ups from my daughter.



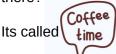
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ENGAGE

As your local State Member of Parliament, I visit all towns in the electorate.

Did you know you can come and have an informal chat with me while I am there?



Coffee Catch up or

Bringing the Office to you...

An MP's first duty is to their constituency. I believe it is so important for me, as YOUR elected representative to be out and about and accessible, to listen to and be present for YOU! Meeting with as many people as possible in the community is an important way for me to understand who and what I am representing.

There are many events and public activities that I attend in the area where I may learn something new or have an official role. Schools have Leadership and Citizenship curriculum and I love to be involved with students in their class or on a visit to Parliament House. The Finniss Electorate office is open every weekday and email constantly monitored. BUT... I want hear more about you.

SPEAK UP

Sometimes it is difficult to plan or travel, so this program of Coffee Catch Up is an opportunity for anyone in the community to introduce themselves, tell their story or ask a question.

Why might you want to speak to your State Member of Parliament?

- You may have a bright idea for something new in your community that will make the place better.
- You may have a concern that you would like government to know about.
- You may be running an event and would like a guest speaker.
- You may be in a situation that needs help but you are not sure how to ask, what you need or where to get it.
- A community group or entrepreneur may be looking for grant opportunities, letter of support or advice.
- You may want to find out what topics are hot in the State Parliament and how your member views them.

David Basham MP Member for Finniss

We are bringing the 'office' to you...

Middleton: IGA Friday 9 June 2023, 10:30-11:30am 17a Goolwa Rd, Middleton

> Victor Harbor: Planted Coffee House Friday 16 June 2023, 10:30-11:30am 138 Hindmarsh Road, Victor Harbor

Goolwa: Kuti Shack Friday 23 June 2023, 10:30-11:30am Goolwa Beach Carpark, Beach Road

Join David Basham MP at any site, to ask a question or discuss what matters to you and your community. To book an alternative time, please contact the Finniss Electorate Office 08 8552 2152 or finniss@parliament.sa.gov.au

DROP IN

Victor Harbor 31/03/2023 Causeway Cafe

Goolwa 14/04/2023 Bombora

Inman Valley 5/05/2023 Country Kitchen

Finniss 12/05/2023 General Store

Mount Compass 19/05/2023 The Dish on Fleurieu

Clayton Bay 24/05/2023 Community Centre

Port Elliot 26/05/2023 Cockles Cafe

Milang 2/06/2023 Mini Mart

Middleton 9/06/2023 IGA

Victor Harbor 16/6/2023 Planted Coffee House 10:30-11:30am

Goolwa 23/06/2023 Kuti Shack 10:30-11:30am

Port Elliot 7/07/2023 Cockles Cafe 10:30-11:30am

Inman Valley 28/07/2023 Country Kitchen 10:30-11:30am

Milang 25/08/2023 Mini Mart 10:30-11:30am

Victor Harbor 1/09/2023 Planted House 10:30-11:30am

Goolwa 22/09/2023 Bombora 10:30-11:30am

Middleton 29/09/2023 IGA 10:30-11:30am

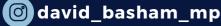
Port Elliot 20/10/2023 Cockles Cafe 10:30-11:30am

Clayton Bay 8/11/2023 Community Centre 12.30-1.30pm

Finniss 24/11/2023 General Store 10:30-11:30am

M/Compass 8/12/2023 The Dish on Fleurieu 10:30-11:30am

Can I visit or "bring the office to" your business ? Contact the office to arrange





Business Victor Harbor Breakfast Workshop



It was an absolute delight to be part of the Business Victor Harbor Breakfast on 17 March 2023. Topic on the table was 'A Roadmap to Workplace Wellbeing- Workforce Planning Series-Part 1'.

The Roos Club at the Victor Harbor Oval was alive with the buzz of people passionately discussing the subject at hand.

Creating a safe and healthy workplace is like planting the seeds of success. It leads to fruitful productivity outcomes, reduces work-related injuries and illnesses, and sprouts improved health and wellbeing outcomes for workers.

Knowing where to start or what to do next can be overwhelming, particularly in regional communities. But fret not! There are free tools and resources available to support you on this green journey.



The line up included representatives from ReturntoWorkSA, Safework SA, Workplace Wellbeing SA, Wellbeing SA and Beyond Blue, who shared their valuable insights into addressing psychological health and safety as part of business practices.

It is always a pleasure to join the business community at an event and even better when we all learn something new.

Look out for future Business Victor Harbor events and workshops.





Canine Cough Attention all dog owners!

Here's what you need to know to keep your furry friend healthy: Canine cough, also referred to as kennel cough, is an infectious respiratory illness that can affect dogs regardless of their age or breed. The infection is primarily spread through the air when infected dogs cough or sneeze, or through contact with contaminated surfaces such as water bowls.

If your dog is showing any symptoms such as coughing, sneezing, having a runny nose, or a fever, it's best to act quickly, as severe cases of canine cough can lead to pneumonia. To this end, it's important to keep your furry friend up to date with their vaccines, particularly the Bordetella vaccine, which helps protect against canine cough.

Remember, prevention is key to keeping your dog healthy and happy.

- Bring your own water when you're out with your furry friend.
- It's best to avoid crowded places like dog parks and boarding facilities, where your dog might come into contact with sick dogs.
- If you notice any signs of canine cough, such as coughing or sneezing, take your dog to the vet as soon as possible for treatment.

Protect your furry friend by being vigilant, stay safe and keep your pups healthy!

Local advice on canine cough courtesy of Vet Dr Michael Quinton, who has also been elected Councillor with the City of Victor Harbor.

> Thanks Mick!

Please like or follow my Facebook or Instagram profiles to see where I have been in the local community and matters of concern as your local state member of parliament. To receive email newsletters and updates, please contact the Finniss Electorate Office.



finniss@parliament.sa.gov.au www.davidbasham.com.au Ph: 08 8552 2152 71 Victoria St Victor Harbor

Authorised by D Basham 71 Victoria Street, Victor Harbor

The Next Generation is Here

On 19 March, I had an amazing experience visiting Investigator College, Year 8 Civic and Citizenship class. The class was full of enthusiastic and curious students eager to learn about our political system and the importance of civic engagement. As we engaged in meaningful conversations about current issues and policies that affect our lives, it was evident that these young individuals have the potential to become informed and active citizens who can make a difference in society.

It's crucial that policies are cre can help stude discourse. This engage constru



Opinions matter! Please reach out if you'd ever like to discuss a particular topic or if there's anything else I can do to support your civic education.



ATTENTION TEACHERS

PARLIAMENT HOUSE SCHOOL TOURS

Contact the Finniss Electorate Office to arrange a tour of Parliament House in Adelaide for your students with their local MP, David Basham. School classroom visits can also be arranged for David to talk with the students about Parliament.

Finniss Electorate Office

P: (08) 8552 2152, E: finniss@parliament.sa.gov.au A: 71 Victoria Street, Victor Harbor SA 5211



To MA David Basham,

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ENGAGE

As your local State Member of Parliament, I visit all towns in the electorate. Did you know you can come and have an informal chat with me while I am there?

Its called "Coffee Catch Up" or "Coffee Time"

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CONTACT YOUR LOCAL Member of Parliament.

David Basham MP,

TO ARRANGE AN OFFICIAL CONGRATULATORY MESSAGE FOR A SPECIAL OCCASION.

Congratulatory Messages can be arranged from His Majesty The King, Governor-General, Governor, Prime Minister, Premier of South Australia and David Basham MP for significant birthday and wedding anniversaries.

For specific information on which birthdays and anniversaries are eligible, please refer to www.congrats.apply.sa.gov.au or contact the Finniss Electorate Office

To give the best chance of the message arriving on time, please arrange it no later than two months before the date of the special occasion.

FINNISS ELECTORATE OFFICE PHONE: (08) 8552 2152, EMAIL: FINNISS@PARLIAMENT.SA.GOV.AU 71 VICTORIA STREET, VICTOR HARBOR

It would be great to discuss what is important to you

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Country Kitchen, Inman Valley 5/05/2023 10.30 - 11.30am

Finniss General Store, Finniss 12/05/2023 10.30 - 12.00pm



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